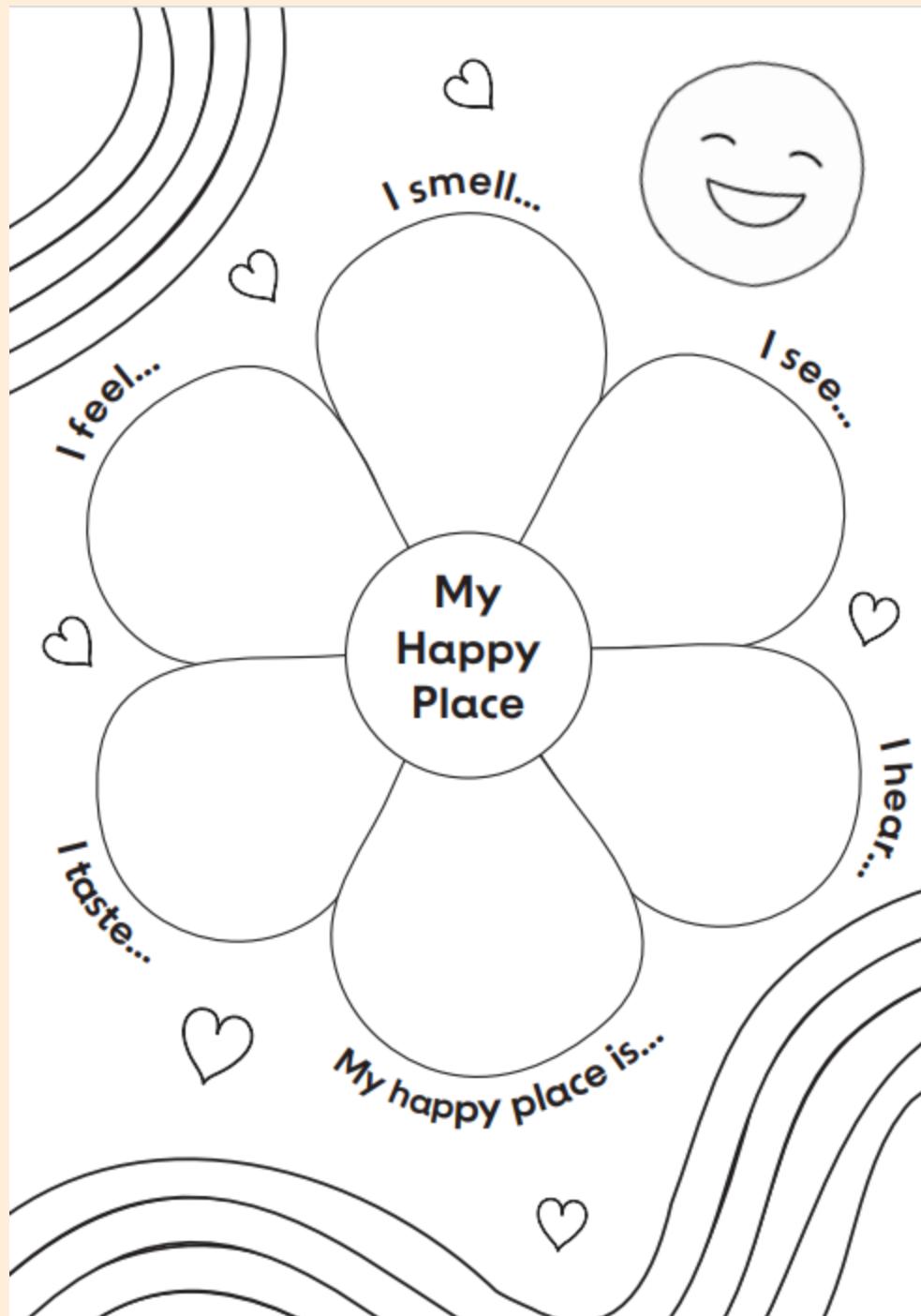


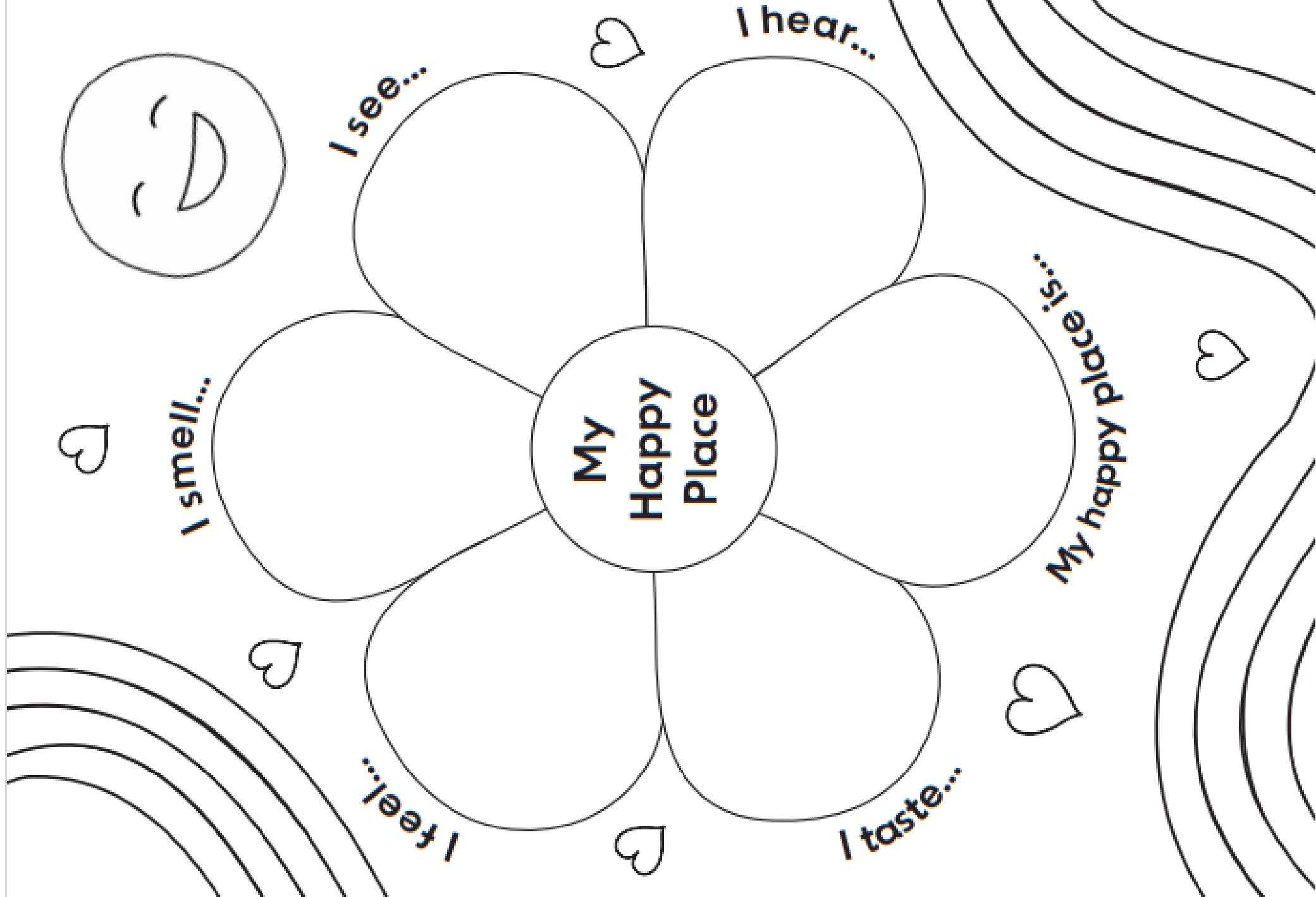
INVESTIGATORS (Miss Horton & Mrs Karasava)	08:30 - 08:50	08:50 - 09:20	09:20 - 10:10	10:10 - 10:30	10:30 - 10:45	10:50 - 11:50	11:50 - 12:40	12:40 - 1:05	1:05 - 1:55	1:55 - 2:05	2:05 - 3:00
MON	Registration / Challenges	Phonics and Spelling	Literacy	Whole Academy Assembly	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	Music (up to 1:30)	<i>BREAK</i>	Science (from 1:30)
TUE	Registration / Challenges	Phonics and Spelling	Literacy	Guided Reading	<i>BREAK</i>	PE (Downstairs)	<i>LUNCH</i>	Class Novel / Maths Meeting	Maths	<i>BREAK</i>	Computing
WED (NAT)	Registration / Challenges	Phonics and Spelling	Literacy	Class / Year Assembly	<i>BREAK</i>	PE (Upstairs)	<i>LUNCH</i>	Class Novel / Maths Meeting	Maths	<i>BREAK</i>	Art / DT
THU	Registration / Challenges	Phonics and Spelling	Literacy	Whole Academy Assembly	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	RE (up to 1:30)	<i>BREAK</i>	Humanities (from 1:30)
FRI	Registration / Challenges	Phonics and Spelling	Literacy	PSHE	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	Golden Book / Reward Playtime (PPA)	<i>BREAK</i> (1:45 - 2:00)	ENRICHMENT (PPA)
PIONEERS (Mrs Pettit & Mrs Karasava)	08:30 - 08:50	08:50 - 09:20	09:20 - 10:10	10:10 - 10:30	10:30 - 10:45	10:50 - 11:50	11:50 - 12:40	12:40 - 1:05	1:05 - 1:55	1:55 - 2:05	2:05 - 3:00
MON (NAT)	Registration / Challenges	Phonics and Spelling	Literacy	Whole Academy Assembly	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	Music (up to 1:30)	<i>BREAK</i>	Science (from 1:30)
TUE (NAT)	Registration / Challenges	Phonics and Spelling	Literacy	Guided Reading	<i>BREAK</i>	PE (Upstairs)	<i>LUNCH</i>	Class Novel / Maths Meeting	Maths	<i>BREAK</i>	Art / DT
WED (REBECCA)	Registration / Challenges	Phonics and Spelling	Literacy	Class / Year Assembly	<i>BREAK</i>	PE (Downstairs)	<i>LUNCH</i>	Class Novel / Maths Meeting	Maths	<i>BREAK</i>	Computing
THU (REBECCA)	Registration / Challenges	Phonics and Spelling	Literacy	Whole Academy Assembly	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	RE (up to 1:30)	<i>BREAK</i>	Humanities (from 1:30)
FRI (REBECCA)	Registration / Challenges	Phonics and Spelling	Literacy	PSHE	<i>BREAK</i>	Maths	<i>LUNCH</i>	Class Novel / Maths Meeting	Golden Book / Reward Playtime (PPA)	<i>BREAK</i> (1:45 - 2:00)	ENRICHMENT (PPA)

REGISTRATION

10.02.26

Children's mental
health week 2026





STORY

LITERACY

Tuesday 10th February



Grammar Paper



BREAK

MATHS - REASONING PAPER 2

Tuesday 10th February



REASONING Paper

DANNY
GO!



“MOVE YOUR
BODY!”



LUNCH

P.E.
In Class (p.m.)

Learning Objective

To create a flow, perform and teach it to a partner.

Success Criteria

- Be clear when giving your instructions so that your partner knows what to do.
- Order poses so that they flow easily from one to the other.

Whole Child Objectives

Social: To teach a partner using clear instructions.

Emotional: To sit calmly and focus on one thing.

Thinking: To think of my own ideas to create a desert flow.



10
Mins

Warm Up and Introduction

Focus:

- 1)Place mats in a circle.
- 2)Sit in good sitting pose
- 3)Begin with a few mindful statements to help you focus:
 - 'I am ready to be mindful'.
 - 'I am ready to share my ideas'.
 - 'I am ready to try my best'.



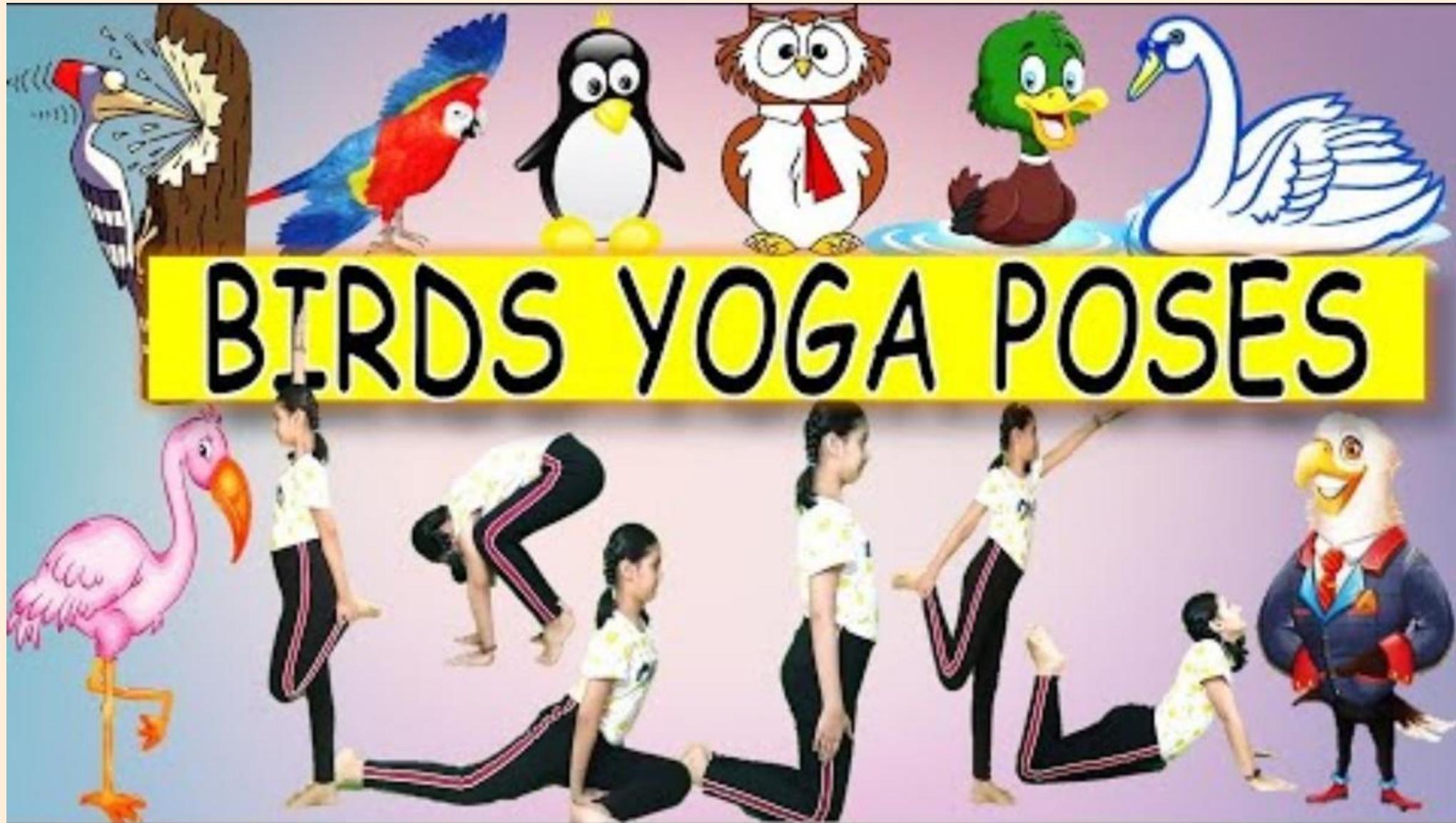
Cooling breath:

- 1)Sit comfortably with hands in your lap and your spine straight.
- 2)Take a few breaths to calm the mind and body.
- 3)Curl your tongue lengthwise.
- 4)Breathe in gently through the mouth, feeling the breath cool on the tongue.
- 5)Close the mouth and breathe out through the nose.

Repeat this a few times.

30
Mins

Skill Development



30
Mins

Skill Development



30
Mins

Skill Development

Camel Pose



30
Mins

Skill Development



30
Mins

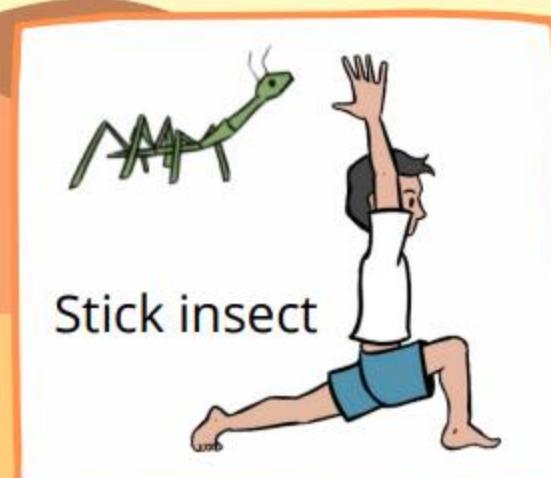
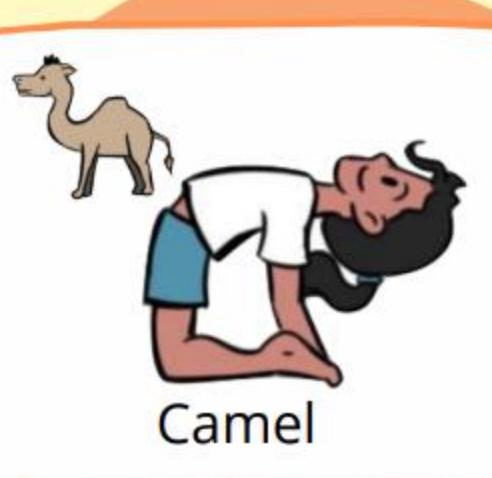
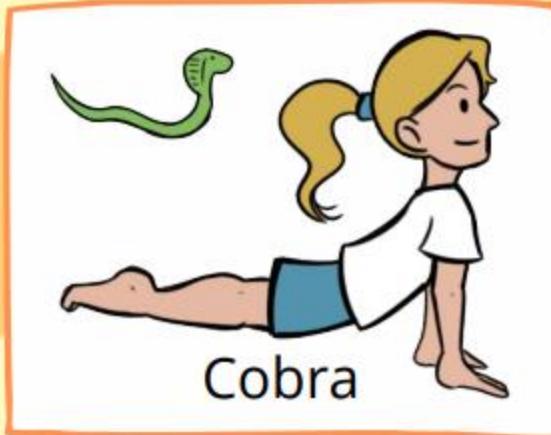
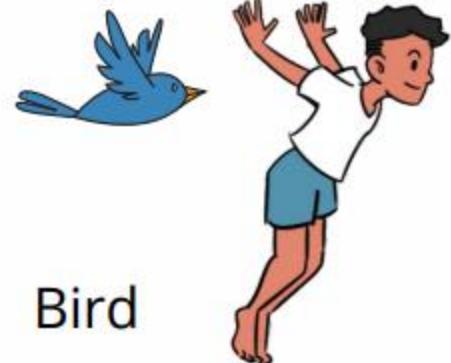
Skill Development

**YOGA
FOR KIDS**



30
Mins

Skill Development



COMPUTING

Safer Internet Day

Aims

To learn what AI technologies are and where we might see them.

To understand how to use AI technologies safely and responsibly.



Safer Internet Day

Tuesday 10th February 2026

The theme for Safer Internet Day 2026 is 'Smart tech, safe choices – Exploring the safe and responsible use of AI'.



What Are AI Technologies?

AI stands for artificial intelligence.

Artificial intelligence (AI) is created by humans to use data, find patterns and do certain jobs.

AI technologies cannot think or feel like a human.

AI technologies follow instructions and get better at tasks by using lots of data.



Where Do We Find AI Technologies?

AI technologies are all around us.

You might have seen AI technologies in your home or at school.

We can find AI technologies in the tools and devices we use every day, such as:

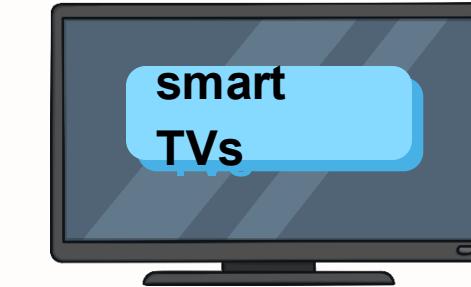


voice assistants

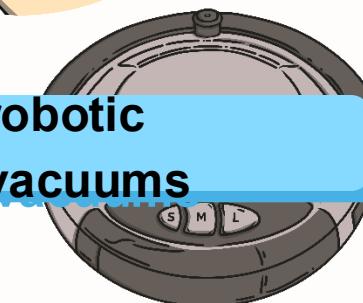


weather apps

Have you seen or used any AI technologies before?



map apps



robotic vacuums

How Can AI Technologies Help Us?

AI technologies can:



help us in
games



help us find information



suggest songs or
shows

How Can AI Technologies Help Us?



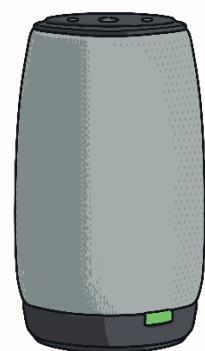
Remember... AI technologies can make jobs faster or simpler for people but humans are still the ones who decide how they're used.

Do you have a voice assistant or smart speaker in your home?

How do you think it works?

A voice assistant is a type of AI technology that can take spoken questions or instructions and give answers using sound. It uses AI technologies to follow voice commands and can control other devices, such as lights or music.

But remember — it doesn't understand like a human does. It just follows instructions that humans have programmed.



How Can We Use AI Technologies Carefully?

Even though AI technologies can be helpful, sometimes they can show wrong or confusing information.

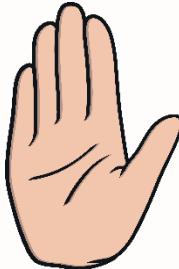
They might suggest things that aren't real or ask for details we should keep private.

That's why it's important to stop, think and talk to a trusted adult, they can help you make safe choices.



How Can We Use AI Technologies Carefully?

Remember, if you ever see anything that makes you feel uncomfortable while using AI technology then follow these steps.



STOP

Stop using the device, app or technology immediately.

THINK

Does it seem right?
Does it seem true?

ASK

If you're not sure, talk to a trusted adult.

How Can We Use AI Technologies Carefully?

Most AI technologies have been made to be used by children aged 13 or older. This is why it's important we speak to a trusted adult before using AI technologies.

AI technologies can be useful but they don't know who you are or what's best for you, only people can make those choices.

That's why it is important to make the right choices and use AI technologies safely and carefully.



Remember!

AI technologies are tools made by humans.

Always ask a trusted adult before using them.

Think before you click or speak. Stay smart and stay safe!

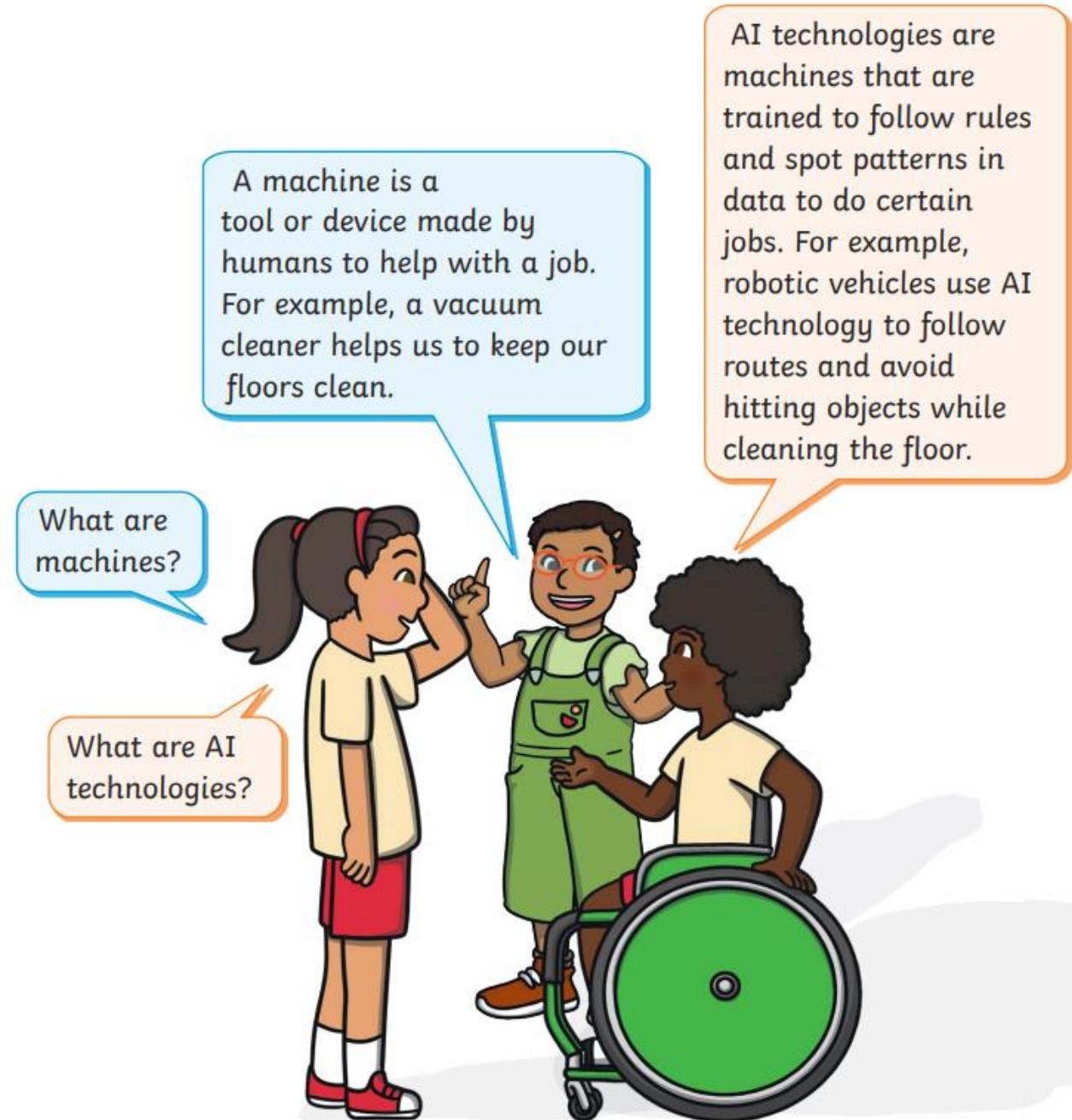


Aims

To learn what AI technologies are and where we might see them.

To understand how to use AI technologies safely and responsibly.



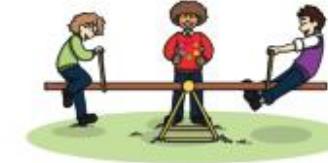


Which of these use AI technology?



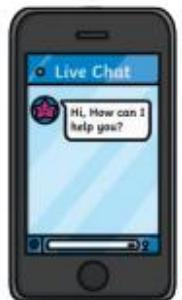
smartwatch

This tracks your heart rate and suggests when you should start moving.



see-saw

Children sit on each end and swing up and down by pushing the ground with their feet.



smartphone

This can connect to a network, such as the Internet and help us find information.



TV remote control

This can turn a television on/off and help us find a channel we want to watch.



kettle

This helps us to boil water for hot drinks.



washing machine

This helps us to wash our clothes and bedding.

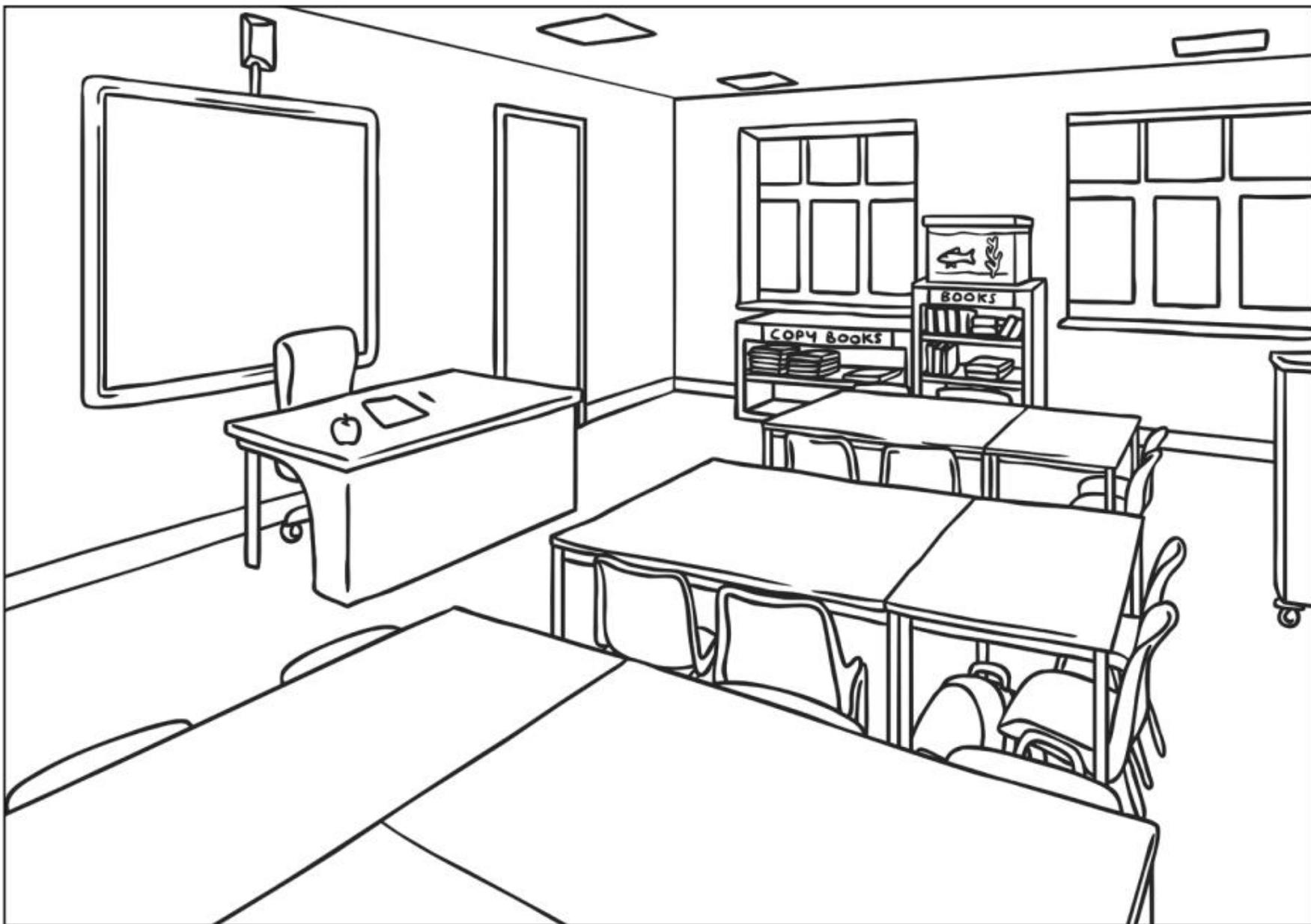
Draw the machines and devices that use AI technology and where you found them.



How are these AI technologies used?

Write one way you can stay safe while using AI technologies.

Draw the machines and devices that use AI technology and where you found them.



How are these AI technologies used?

Write one way you can stay safe while using AI technologies.
