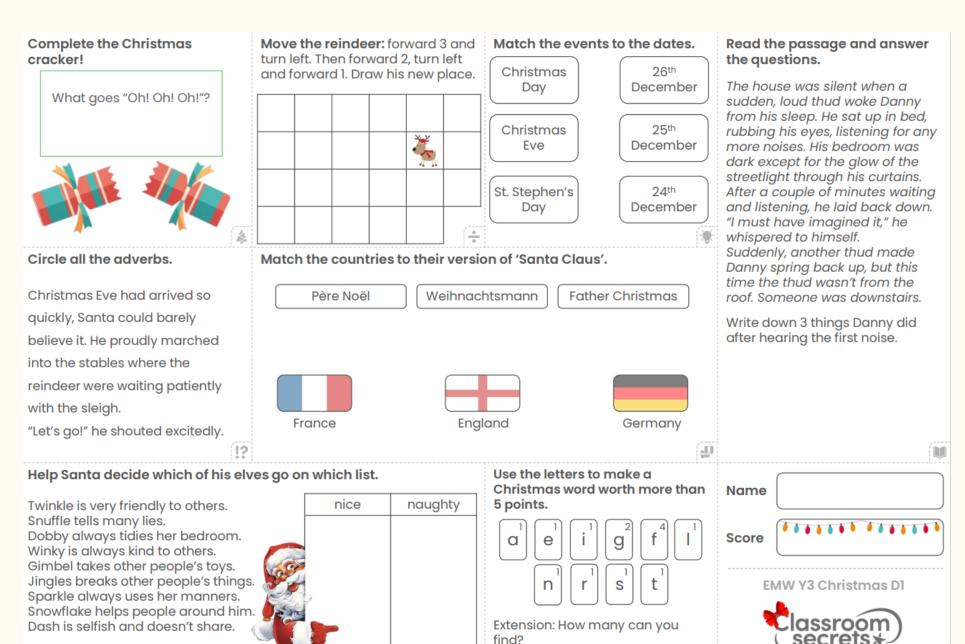
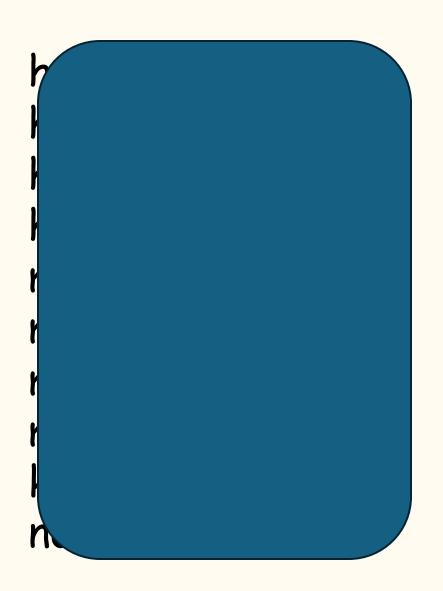
Morning Challenge



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Our class ground rules



- We will join in with the lesson, but we can 'pass'
- We will listen to others and they will listen to us
- We will use vocabulary that we learn in our lessons
- If we don't know the words to use, we will ask our teacher
- We won't share stories about ourselves, our friends or our family
- We can ask our teacher lots of questions, but not personal questions about their life

We are revisiting the PANTS rules, and building confidence to seek help



We will be able to...

- Explain the Talk PANTS rules and that children's bodies belong to them
- Identify examples of appropriate and inappropriate touch
- Recognise that no means no and different ways to express this
- Demonstrate ways to tell an adult and seek support if feeling uncomfortable

The Talk PANTS rules:

P RIVATES ARE PRIVATE LWAYS REMEMBER YOUR BODY BELONGS TO YOU NO MEANS NO ALK ABOUT SECRETS
THAT UPSET YOU S PEAK UP, SOMEONE CAN HELP





The Pantosaurus Song |
Talk PANTS with NSPCC
Pants song | #TalkPants

<u>Talk partners</u> Which of the following are safe touches?

Friendly or loving touch

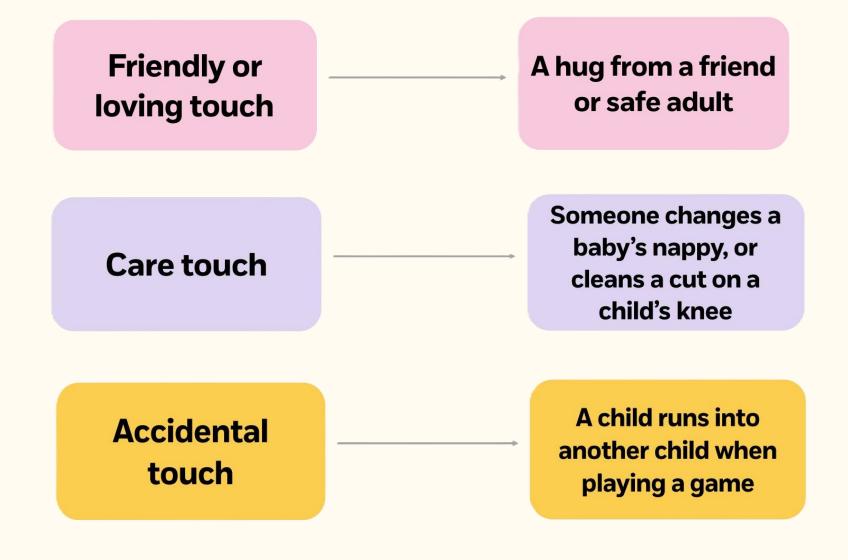
Care touch

Accidental touch

Inappropriate touch

Personal space touch

Hurtful touch



Personal space touch

Someone sits or stands very close to another person

Hurtful touch

Someone is hurt by being pushed/ bitten/ kicked/ hit

Inappropriate touch

Someone grabs or touches another person's private parts

In your group, read the following scenario and discuss.

What might the character feel?

What might they say and do?

There is a family party at Merve's house. Her aunt, who Merve has only met once and doesn't know very well, comes over to give her a hug and a kiss. Everyone else is hugging each other and Merve doesn't want to make a fuss.

Josie is playing a game on her tablet. Someone messages her on the app and asks her to play a game of 'secret photos' with them online. Josie isn't sure what it means.

Dan is at his friend Ajay's house for a sleepover. At bedtime, Ajay's Dad comes into Dan's room and touches Dan whilst he is getting changed. Ajay's Dad tells him it's OK and there is no need to tell anyone. The next morning Dan feels strange, and has a sick feeling in his tummy.



Dan's scenario: What happened next?

"When I got home, I told mum about the weird feelings I was having. She asked me about the sleepover, and I told her about what happened whilst I was getting changed.

She said I had done the right thing by telling her, that it wasn't my fault and that no one should touch anyone without permission.

She told me she was going to speak to someone who would be able to help, and that made me feel better."

Think of safe adults, inside and outside of school, that you could talk to if you had any worries about anything in the lesson, or, like Josie, if you had something you needed to tell a safe adult about.



In school

Teacher Support Assistant

At home

Parent or carer Safe adult





Childline

0800 1111

Search: childine kids

Monday 15th December TBAT: follow instructions.

How to Make a Holly Wreath





Instructions

- Cut around the wreath shape and ask an adult to help cut the centre piece out.
- 2. Colour the holly leaves in green.
- Cut the leaves out carefully.
- 4. Colour the berries in red.
- Cut the berries out carefully.
- Stick the holly leaves in pairs around the edge of your wreath.
- Add three berries to each pair of leaves.
- 3. Punch a hole through the top of your wreath carefully.
- 9. Thread the ribbon through to enable your wreath to hang down.
- 10. Hang your Christmas wreath on a door or window.

You will need:

- scissors
- coloured pens red and green
- ribbon
- templates
- · glue stick

Monday 15th December 1pm Church rehearsal



