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Principal: Mrs. K. Redhead BSc (Hons) PGCE

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Assistant Principal: Miss K. Smith BA (Hons)

Assistant Principal: Mrs. V. Longman BA (Hons)

21st May, 2024.

Dear Parents and Carers,

As a part of your child's education at Ormiston Herman Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

The DfE has a useful list of FAQ for parents regarding RSE/Relationships Education requirements, and guides on Relationships Education, RSE and Health Education. You can find more information by following these links:

FAQs

https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs?utm_source=2b45920e-083a-44ad-9c3f-16fed9168d3f&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Guidance for Parents

https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools?utm_source=4e32b008-7c1e-40eb-b0ee-d3d05e10d9a7&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more details about our PSHE curriculum and our updated school policy. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Over the course of the year, pupils will take part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons will always be age appropriate and

will follow the PSHE programme that the OAT Primary Leads compiled and is used across all the Ormiston Primary Academies.

Lessons for pupils in Key Stage 1 will include pupils learning about friendships, and families, health and hygiene and keeping safe.

Lessons for pupils in Key Stage 2 include Healthy Relationships, including friendships; families; Growing and Changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will have opportunities to ask questions.

Please see attached themes for each year group.

Parents will not be able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty). However, parents will be able to withdraw their children from any aspects of Sex Education other than those which are part of the science curriculum, although we would encourage you to make an appointment to discuss your concerns with the Principal, before doing so.

As a school community, we are committed to working in partnership with parents and if you would like to find out more or discuss any concerns, please contact the Academy Office.

Yours sincerely



Mrs K. Redhead
Principal